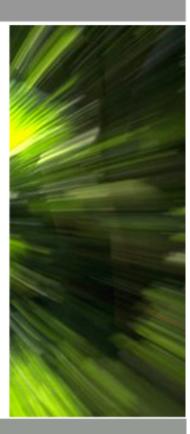
DIG YOUR SPIKES OUT OF THE CLOSET!





Open 3k cross country race sponsored by:





MINI OF LOUISVILLE JUNGLE 3K

In conjunction with one of Kentucky's premier cross country meets, the 7th Annual Rumble Through the Jungle features a picturesque 3,000 meter Adult Open race running through shaded woods and manicured soccer fields. Music is featured throughout the course during race day creating a festive atmosphere for both athletes and spectators alike.

September 11, 2010

3k race begins at 11:30 a.m.

\$15

Advanced entrants are guaranteed the 2010 Rumble Through The Jungle t-shirt, a fan favorite year-to-year, as well as the race fee.

Awards will be given to male and female winners.

Creasey Mahan Nature Preserve

Goshen, KY

Hosted by NOHS and NOMS Cross Country

Register online at KYTrackXC.com Make checks payable to: NOHS Boys XC

Mail entry fees to: Melissa Horn 1701 Sylvan Circle Goshen, KY 40026